









Morning/Afternoon (AM) Classes

6tigers Schedule

Fall 2021

Begins Oct. 1st

Class Type	
	Fitness
	Karate
	Modern Arnis
	ONLINE Arnis
	Kubodo
	JCC

	Mon	Thurs	Fri	Sat	Sun
9:00am				9:00 - 9:45 Tiny Tigers	
10:00am				10:00 - 11:15 All Adult Conditioning	10:00 - 10:45 Kubodo Beginner
11:00am	11:00 - 12:00 Silver Tigers 55+ Karate	11:00 - 12:00 Silver Tigers 55+ Karate			10:45 - 11:30 Kubodo Intermediate
12:00pm		12:00 - 1:00 Arnis	12:00 - 1:00 ONLINE Arnis	11:30 - 12:15 Arnis	
1:00pm				12:15 - 1:00 Advanced Adult Arnis	
2:00pm				1:00 - 3:00 All 6Team	
3:00pm					

Evening (PM) Classes

	Mon	Tues	Wed	Thurs	Fri
4:00pm					
5:00pm		4:30 - 5:15 Tiny Tigers	4:00 - 5:00 JCC Seniors		
6:00pm	5:30 - 6:15 White Yellow Children's Karate	5:15 - 6:00 Orange-Brown Children's Karate	5:30 - 6:15 White/Yellow Children's Karate	5:00 - 5:45 Arnis	5:30 - 6:15 All Children's Karate Age 5-8yrs
7:00pm	6:15 - 7:15 Junior Black Belt	6:00 - 7:00 6Team Kata	6:15 - 7:15 6Team Kumite	6:30 - 7:30 Junior Black Belt	6:15 - 7:00 All Children's Karate Age 8-11yrs
8:00pm	8:00 - 9:00 Black Belt	7:00 - 8:00 All Belt Adult Karate	7:15 - 8:00 White-Orange Adult Karate	7:30 - 8:30 Black Belt	7:30 - 8:30 All Youth/ Adult Karate
9:00pm			8:00 - 8:45 Blue-Brown Adult Karate		